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| --- | --- | --- | --- | --- | --- |
| C:\Users\thomas.c3\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\FF6CA226.tmpStudent Leadership group: **Well Being Ambassadors 2023/24**  Members: Henry, Edward, Ella, Florence, Finley, Poppy Lola | | | | | |
| Date: **October 2023**  Autumn/ Spring Term Goals:   * **To be trained and to develop an understanding of what well-being is.** * **To help develop ways in your school to support the well-being of other students.** * **To inspire other young people in your school to be active and healthy.** * **To run activities in your school to support well-being.** * **To support at area events as sports leaders, coaches, officials and mentors.** * **To help develop content whether this be online or face to face for School Games Virtual and non-Virtual competitions.**   **To help promote the School Games and other initiatives to help with the well-being of young people in schools.** | | | | | |
| What? | When? | Who? | Equipment/Resources | Target | Date/ Result achieved |
| **Organise fun activities/competitions for different year groups – Rec, Yr 1/2 and 3/4** | **Mon/ Tues/ Wed lunchtime** | **WBA group 1, 2 and 3.** | **Sports Equipment-cones etc** | **To help students engage in healthy and wellbeing activities and learn new games to play safely.** |  |
| **Organise a fun, exciting sports event for nursery and pre-school** | **Autumn**  **Date TBC** | **WBA group 1, 2 and 3.** | **Sports Equipment-cones etc, certificates and stickers** | **Allowing students to develop their leadership skills to help others engage in health and wellbeing activities.**  **To help students engage in health and wellbeing activities.** |  |
| **Well-Being Ambassador training – How to deliver a personal best All – About-Me and Well-Being festival.** | **October 2023** | **WBA group 1, 2 and 3.** | **Sports Equipment-cones etc** | **Allowing students to develop their leadership skills to help others engage in health and wellbeing activities.** |  |
| **Personal Best All-About-Me Festival** | **October 2023** | **WBA group 1, 2 and 3.** | **Sports Equipment-cones etc** | **To help students engage in health and wellbeing activities.** |  |
| **Organise playtime equipment for all year groups.** | **Throughout the terms** | **WBA group 1, 2 and 3.** | **Playtime cages and playtime sports equipment.** | **To inspire others to be active and to play safely.** |  |
| **Well Being Festival delivery training** | **January 2024** | **WBA group 1, 2 and 3.** |  | **Allowing students to develop their leadership skills to help others engage in health and wellbeing activities.** |  |
| **Design ways for the whole school to keep fit and be healthy.**  **-Daily Mile.**  **-Before school fitness exercises.** | **Autumn/Spring** | **WBA group 1, 2 and 3.** |  | **-To help develop ways in your school to support the well-being of other students.**  **-To inspire other young people in your school to be active and healthy.**  **-To run activities in your school to support well-being.** |  |
| **Set up an Active Club for the least active** | **Spring** | **All WBA** | **Sports Equipment-cones etc**  **Certificates, medals** | **-To inspire other young people in your school to be active and healthy.** |  |